

California Student Survey 2007-08

The Statewide Healthy Kids Survey

Grades 9 and 11

- This is a survey about school and health-related behaviors, experiences and attitudes. It includes questions about use of alcohol, tobacco, and other drugs; bullying and violence; and what you do at school and how you feel about it. **You will be able to answer whether or not you have done or experienced any of these things.**
- **You do not have to answer these questions**, but your answers will be very helpful in improving school and health programs.
- **Please do not write your name on this form or the answer sheet. Do not identify yourself in any other way.**
- Please mark all of your answers on the answer sheet. Do not write on the questionnaire. Mark only one answer unless told to "*Mark All That Apply.*"
- This survey asks about things you may have done during different periods of time, such as during your **lifetime** (did you ever do something), or the past **12 months, six months, or 30 days**. Each question provides different information. Please pay careful attention to these time periods.

Thank you for completing this survey!



4665 LAMPSON AVENUE • LOS ALAMITOS, CA 90720 • (562) 598-7661

Begin by writing the name of your school at the top of your answer sheet.

Next, we would like some background information about you.

1. How old are you?
 - A) 10 years old or younger
 - B) 11 years old
 - C) 12 years old
 - D) 13 years old
 - E) 14 years old
 - F) 15 years old
 - G) 16 years old
 - H) 17 years old
 - I) 18 years old or older

2. What is your sex?
 - A) Male
 - B) Female

3. In what grade are you?
 - A) 6th grade
 - B) 7th grade
 - C) 8th grade
 - D) 9th grade
 - E) 10th grade
 - F) 11th grade
 - G) 12th grade
 - H) Other grade
 - I) Ungraded

4. How do you describe yourself? (**Mark All That Apply.**)
 - A) American Indian or Alaska Native
 - B) Native Hawaiian or Pacific Islander
 - C) Asian or Asian American
 - D) Black or African American (non-Hispanic)
 - E) Hispanic or Latino/Latina
 - F) White (Caucasian/non-Hispanic)
 - G) Other

5. If you are Asian or Pacific Islander, which groups best describe you? (*Mark All That Apply.*
If you are **not** of Asian/ Pacific Islander background, mark "A. Does not apply.")
- | | |
|---|--|
| A) Does not apply, I am not Asian or Pacific Islander | G) Korean |
| B) Asian Indian | H) Laotian |
| C) Cambodian | I) Vietnamese |
| D) Chinese | J) Native Hawaiian, Guamanian, Samoan, or other Pacific Islander |
| E) Filipino | K) Other Asian |
| F) Japanese | |
6. If you are Hispanic or Latino/Latina, which groups best describe you? (*Mark All That Apply*)
If you are **not** of Hispanic background, mark "A. Does not apply.")
- A) Does not apply, I am not Hispanic or Latino/Latina
 - B) Central American
 - C) South American
 - D) Cuban
 - E) Mexican
 - F) Puerto Rican
 - G) Other Hispanic
7. What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
(*Mark All That Apply.*)
- | | |
|-------------------------------------|---|
| A) A home with both parents | F) Foster home, group care or waiting placement |
| B) A home with only one parent | G) Hotel or motel |
| C) Other relative's home | H) Migrant housing |
| D) A home with more than one family | I) Shelter |
| E) Friend's home | J) On the street (no fixed housing), car or van, park campground, or abandoned building |
| | K) Other transitional or temporary housing |
| | L) Other living arrangements |

The next questions are about the use of alcohol, tobacco, marijuana, and other drugs *without a doctor's order* (prescription for medical reasons).

Keep the following definitions in mind.

- **One drink of ALCOHOL, or alcoholic drink (beverage)**, means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor. Questions about alcohol do **not** include drinking a few sips of wine for religious purposes.
- **DRUG** means *any* substance, including pills and medications, used to get "high" (loaded, stoned, or wasted) other than alcohol or tobacco.

*During your **life**, how many times have you used or tried the following substances without a doctor's order?*

		Number of Times					
		0	1	2	3	4-6	7 or more
8.	A whole cigarette	A	B	C	D	E	F
9.	Smokeless tobacco (chew, dip or snuff such as Redman, Skoal, Beechnut)	A	B	C	D	D	F
10.	One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	A	B	C	D	E	F
11.	Marijuana (pot, weed, grass, hash)	A	B	C	D	D	F
12.	Inhalants (things you sniff, huff, or breathe to get high such as glue, paint, aerosol sprays, gasoline, poppers, gases)	A	B	C	D	E	F
13.	Cocaine (any form—coke, crack, rock, base, snort)?	A	B	C	D	D	F
14.	Methamphetamine or any amphetamines (meth, speed, crystal, crank, ice)	A	B	C	D	E	F
15.	LSD or other psychedelics (acid, mescaline, peyote, mushrooms)	A	B	C	D	D	F
16.	Ecstasy (E, X, EXTC, MDMA)	A	B	C	D	E	F
17.	Heroin (smack, junk, China white, black tar)	A	B	C	D	E	F
18.	Any other illegal drug or pill to get "high"	A	B	C	D	D	F

During your life, how many times have you used or tried the following pills or medicines without a doctor's order (to get "high" or "stoned")?

		Number of Times					
		0	1	2	3	4-6	7 or more
19.	Prescription pain killers (Vicodin [®] , OxyContin [®] , Percodan [®] , Lortab [®])	A	B	C	D	E	F
20.	Barbiturates (Seconol [®] , Nembutol [®] , Amital [®] , reds, yellow jackets)	A	B	C	D	E	F
21.	Tranquilizers, or sedatives, (<i>tranks, libs,</i> Xanax [®] , Valium [®] , Ativan [®] , Librium [®] , Klonopin [®]), bezodiazepine (<i>benzos</i>)	A	B	C	D	E	F
22.	Cold/Cough Medicines (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough)	A	B	C	D	E	F
23.	Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)	A	B	C	D	E	F
24.	Ritalin[®] or Adderall[®] (JIF, R-ball, Skippy, the smart drug)	A	B	C	D	E	F

During your life, how many times have you been...

		Number of Times					
		0	1	2	3	4-6	7 or more
25.	very drunk or sick after drinking alcohol ?	A	B	C	D	E	F
26.	"high" (loaded, stoned, or wasted) from using drugs ?	A	B	C	D	E	F
27.	drunk on alcohol or "high" on drugs on school property ?	A	B	C	D	E	F

During the past six months, about how many times did you use these substances without a doctor's orders?

		0 times	1 to 2 times	A few times	Once a month	Once a week	A few times a week	Once a day or more
28.	An alcoholic drink	A	B	C	D	E	F	G
29.	Marijuana (pot, weed, grass, hash, bud)	A	B	C	D	E	F	G
30.	Inhalants (things you sniff, huff, or breathe to get high)	A	B	C	D	E	F	G
31.	Methamphetamine or Amphetamines (meth, speed, crystal, crank, ice)	A	B	C	D	E	F	G
32.	Cocaine (coke, crack, rock, base, snort)	A	B	C	D	E	F	G
33.	Metabene (rollers, wagon wheels)	A	B	C	D	E	F	G
34.	LSD or other psychedelics (acid, mescaline, peyote, mushrooms)	A	B	C	D	E	F	G
35.	Ecstasy (E, X, EXTC, MDMA)	A	B	C	D	E	F	G
36.	Any other illegal drug or pill to get "high"	A	B	C	D	E	F	G
37.	Two or more drugs at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)	A	B	C	D	E	F	G

About how old were you the first time you did any of these things?

		Years of Age									
		Never	10 or younger	11	12	13	14	15	16	17	18 or older
38.	Had a drink of an alcoholic beverage (other than a sip or two)	A	B	C	D	E	F	G	H	I	J
39.	Smoked all or part of a cigarette	A	B	C	D	E	F	G	H	I	J
40.	Used smokeless tobacco or other tobacco product	A	B	C	D	E	F	G	H	I	J
41.	Used marijuana or hashish	A	B	C	D	E	F	G	H	I	J
42.	Used any other illegal drug or pill to get "high"	A	B	C	D	E	F	G	H	I	J

MAKE SURE YOU ARE NOW ON #43 ON THE ANSWER SHEET.

During the past 30 days, on how many days did you use...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
43. cigarettes?	A	B	C	D	E	F
44. smokeless tobacco (chew or snuff)?	A	B	C	D	E	F
45. at least one drink of alcohol?	A	B	C	D	E	F
46. five or more drinks of alcohol in a row, that is, within a couple of hours?	A	B	C	D	E	F
47. marijuana (pot, weed, grass, hash)?	A	B	C	D	E	F
48. inhalants (things you sniff, huff, or breathe to get high)?	A	B	C	D	E	F
49. cocaine (any form—coke, crack, rock, base, snort)?	A	B	C	D	E	F
50. methamphetamine or any amphetamines (meth, speed, crystal, crank)?	A	B	C	D	E	F
51. ecstasy, LSD or other psychedelics?	A	B	C	D	E	F
52. any other illegal drug or pill to get “high”?	A	B	C	D	E	F
53. two or more drugs at the same time (for example, alcohol with marijuana, or ecstasy with mushrooms)?	A	B	C	D	E	F

During the past 30 days, on how many days on school property did you...

	0 days	1 day	2 days	3-9 days	10-19 days	20-30 days
54. Happened on School Property smoke cigarettes?	A	B	C	D	E	F
55. have at least one drink of alcohol?	A	B	C	D	E	F
56. smoke marijuana?	A	B	C	D	E	F
57. use any other illegal drug or pill to get "high"?	A	B	C	D	E	F

MAKE SURE YOU ARE NOW ON #58 ON THE ANSWER SHEET.

58. How do you like to drink **alcohol**?
- A) I don't drink alcohol
 - B) Just a sip or two
 - C) Enough to feel it a little
 - D) Enough to feel it moderately
 - E) Until I feel it a lot or get really drunk
59. If you use **marijuana or other drugs**, how high (stoned, faded, wasted, trashed) do you usually like to get?
- A) I don't use drugs
 - B) Not high at all
 - C) A little high
 - D) Moderately high
 - E) Really high or wasted
60. In your **life**, how many times have you driven a car when you had been drinking alcohol or been in a car driven by a friend when he or she had been drinking?
- A) Never
 - B) 1 time
 - C) 2 times
 - D) 3 to 6 times
 - E) 7 or more times
61. During the past **12 months**, have you taken any steroids (roids) to build up muscle or increase performance or endurance?
- A) No, have used no steroids
 - B) Some, have taken a few times
 - C) Regularly, have been on a program of steroid use

62. During the past **12 months**, did you use any performance-enhancing supplement that claims to build muscle or increase strength or endurance (andro, ephedrine, DHEA)?
- A) No
 - B) Some, have taken a few times
 - C) Regularly, have been on a program of supplement use

MAKE SURE YOU ARE NOW ON #63 ON THE ANSWER SHEET.

How much do people risk harming themselves physically or in other ways when they do the following?

		How Much Risk or Harm			
		Great	Moderate	Slight	None
63.	Smoke cigarettes occasionally	A	B	C	D
64.	Smoke 1-2 packs of cigarettes each day	A	B	C	D
65.	Drink alcohol occasionally	A	B	C	D
66.	Have five or more drinks of an alcoholic beverage once or twice a week	A	B	C	D
67.	Smoke marijuana occasionally	A	B	C	D
68.	Smoke marijuana once or twice a week	A	B	C	D

How difficult is it for students in your grade to get any of the following substances if they really want them?

		Very difficult	Fairly difficult	Fairly easy	Very easy	Don't know
69.	Cigarettes	A	B	C	D	E
70.	Alcohol	A	B	C	D	E
71.	Marijuana	A	B	C	D	E

72. How do *most* kids at your school who drink alcohol usually get it? (**Mark All That Apply.**)
- | | |
|--|---|
| A) At school | F) Get adults to buy it for them |
| B) At parties or events outside school | G) Buy it themselves at a store (convenience store, liquor store, grocery, mini mart) |
| C) At their own home | H) At bars, clubs, or gambling casinos |
| D) From adults at friends' homes | I) Other |
| E) From friends or another teenager | J) Don't know |

How do you feel about someone your age doing the following?

	Neither approve nor disapprove	Somewhat disapprove	Strongly disapprove
73. Smoking one or more packs of cigarettes a day	A	B	C
74. Having one or two drinks of any alcoholic beverage nearly every day	A	B	C
75. Trying marijuana or hashish once or twice	A	B	C
76. Using marijuana once a month or more	A	B	C
77. Carrying a weapon to school	A	B	C

78. How do you think your close friends would feel about your smoking one or more packs of cigarettes a day?
- A) Neither approve nor disapprove
 B) Somewhat disapprove
 C) Strongly disapprove

MAKE SURE YOU ARE NOW ON #79 ON THE ANSWER SHEET.

Think about a group of 100 students, (or about three classrooms) in your grade. About how many students do you think have done the following?

	Number of Students										
	0 (none)	10	20	30	40	50 (half)	60	70	80	90	100 (all)
79. Smoke cigarettes at least once a month	A	B	C	D	E	F	G	H	I	J	K
80. Ever tried marijuana	A	B	C	D	E	F	G	H	I	J	K

81. Has drinking **alcohol** ever caused *you* to have any of the following problems?
(*Mark All That Apply.*)

- A) Does not apply, I never used alcohol
- B) Have problems with emotions, nerves, or mental health
- C) Get into trouble or have problems with the police
- D) Have money problems
- E) Miss school
- F) Have problems with school work
- G) Fight with other kids
- H) Damage a friendship
- I) Physically hurt or injure yourself
- J) Have unwanted or unprotected sex
- K) Forget what happened, or pass out
- L) Have any other problems
- M) I've used alcohol but never had any problems

82. Has using **marijuana or other drugs** ever caused *you* to have any of the following problems?
(*Mark All That Apply.*)

- A) Does not apply, I never used marijuana or other drugs
- B) Have problems with emotions, nerves, or mental health
- C) Get into trouble or have problems with the police
- D) Have money problems
- E) Miss school
- F) Have problems with school work
- G) Fight with other kids
- H) Damage a friendship
- I) Physically hurt or injure yourself
- J) Have unwanted or unprotected sex
- K) Forget what happened or pass out
- L) Have any other problems
- M) I've used marijuana or other drugs but never had any problems

83. If you use alcohol, marijuana, or another drug, have you had any of the following experiences?
(*Mark All That Apply.*)
- A) Does not apply, have not used alcohol or drugs
 - B) Found you had to increase how much you use to have the same effect as before
 - C) Frequently spent a lot of time getting, using, or being “hung over” from using alcohol or drugs
 - D) Used alcohol or drugs a lot more than intended
 - E) Used alcohol or drugs when you were alone (by yourself)
 - F) Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies (sports, music, art)
 - G) Often didn’t feel OK unless you had something to drink or used a drug
 - H) Thought about reducing (cutting down) or stopping use
 - I) Told yourself you were not going to use but found yourself using anyway
 - J) Spoke with someone about reducing or stopping use
 - K) Attended counseling, a program, or group to help you reduce or stop use
 - L) I use alcohol or drugs but have not experienced any of these things

How many times have you tried to quit or stop using...

	Does not apply, never used	0 times	1 time	2 to 3 times	4 or more times
84. cigarettes?	A	B	C	D	E
85. alcohol?	A	B	C	D	E
86. marijuana?	A	B	C	D	E

87. Have you **ever** felt that you needed help (such as counseling or treatment) for your alcohol *or* other drug use?
- A) No, I never used alcohol or other drugs
 - B) No, but I do use alcohol or other drugs
 - C) Yes, I have felt that I needed help

MAKE SURE YOU ARE NOW ON #88 ON THE ANSWER SHEET.

88. In your opinion, how likely is it that a student would find help at your school from a counselor, teacher, or other adult to **stop or reduce** using alcohol or other drugs?
- A) Very likely
 - B) Likely
 - C) Not likely
 - D) Don't know

89. During the past **12 months**, have you **talked** with at least one of your **parents** [or guardians] about the dangers of tobacco, alcohol, or drug use?

- A) No
- B) Yes

90. During the past **12 months**, have you heard, read, or watched any **messages** about not using alcohol, tobacco, or drugs?

- A) No
- B) Yes

The next questions are about violence, safety, harassment, and bullying.

During the past 12 months, how many times on school property have you...

		0	1	2 to 3	4 or
		times	time	times	more
Happened on School Property					times
91.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	A	B	C	D
92.	been threatened or injured with a weapon (gun, knife, club)?	A	B	C	D
93.	seen someone carrying a gun, knife, or other weapon?	A	B	C	D
94.	been afraid of being beaten up?	A	B	C	D
95.	been in a physical fight?	A	B	C	D
96.	had mean rumors or lies spread about you?	A	B	C	D
97.	had sexual jokes, comments, or gestures made to you?	A	B	C	D
98.	been made fun of because of your looks or the way you talk?	A	B	C	D
99.	had your property stolen or deliberately damaged, such as your car, clothing, or books?	A	B	C	D

During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?

(You were **bullied** if *repeatedly* shoved, hit, threatened, called mean names, teased in a way you didn't like, or had other unpleasant things done to you. It is **not bullying** when two students of about the same strength quarrel or fight.)

Happened on School Property		0 times	1 time	2 to 3 times	4 or more times
100.	Your race, ethnicity, or national origin	A	B	C	D
101.	Your religion	A	B	C	D
102.	Your gender (being male or female)	A	B	C	D
103.	Because you are gay or lesbian or someone thought you were	A	B	C	D
104.	A physical or mental disability	A	B	C	D
105.	Any other reason	A	B	C	D

During the past 12 months, how many times have you...

		0 times	1 time	2 to 3 times	4 or more times
106.	been in a physical fight between groups of kids?	A	B	C	D
107.	used any weapon to threaten or bully someone?	A	B	C	D
108.	sold drugs to someone?	A	B	C	D

109. During the past **12 months**, have you gambled (bet) for money or valuables in any of the following ways? (*Mark All That Apply.*)

- A) I have not gambled (bet) in the past 12 months
- B) Card games (such as poker, blackjack)
- C) Personal skill games (such as pool, darts, coin tossing)
- D) Betting on sports teams
- E) Lottery (scratch cards or numbers)
- F) Bingo
- G) Dice games
- H) Gambling machines (slots, video poker)
- I) Horse racing
- J) Online gambling
- K) Gambled (bet) in some other way

110. During the past **12 months**, how many times have you gambled (bet) for money or valuables in any way?
- A) I have not gambled (bet) in the past 12 months
 - B) 1 time
 - C) 2 or 3 times
 - D) 4 to 9 times
 - E) 10 or more times

During the past 12 months, how many times on school property have you...

Happened on School Property		0 times	1 time	2 to 3 times	4 or more times
111.	been offered, sold, or given an illegal drug?	A	B	C	D
112.	carried a gun?	A	B	C	D
113.	carried any other weapon (such as a knife or club)?	A	B	C	D
114.	damaged school property on purpose?	A	B	C	D

115. How safe do you feel when you are **at school**?

- A) Very safe
- B) Safe
- C) Neither safe nor unsafe
- D) Unsafe
- E) Very unsafe

116. How safe do you feel when you are in the **neighborhood** where you live?

- A) Very safe
- B) Safe
- C) Neither safe nor unsafe
- D) Unsafe
- E) Very unsafe

117. Do you consider yourself a member of a gang?

- A) No
- B) Yes

118. During the past **12 months**, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
- A) Does not apply; I didn't have a boyfriend or girlfriend during the past 12 months
 B) No
 C) Yes
119. During the past **12 months**, did you ever feel so sad or hopeless almost everyday for **two weeks or more** that you stopped doing some usual activities?
- A) No
 B) Yes
120. During the past **12 months**, how would you describe the grades you mostly received in school?
- A)) Mostly A's
 B) A's and B's
 C) Mostly B's
 D) B's and C's
 E) Mostly C's
 F) C's and D's
 G) Mostly D's
 H) Mostly F's
121. During the past **12 months**, about how many times did you **skip school** or **cut classes**?
- A) 0 times
 B) 1-2 times
 C) A few times
 D) Once a month
 E) Once a week
 F) More than once a week

MAKE SURE YOU ARE NOW ON #122 ON THE ANSWER SHEET.

How strongly do you agree or disagree with the following statements about your school?

		Strongly disagree	Disagree	Neither disagree nor agree	Agree	Strongly agree
122.	I feel close to people at this school.	A	B	C	D	E
123.	I am happy to be at this school.	A	B	C	D	E
124.	I feel like I am part of this school.	A	B	C	D	E
125.	The teachers treat students fairly.	A	B	C	D	E
126.	I feel safe in my school.	A	B	C	D	E

**Please mark how “true” you feel each of the following statements are:
*not true at all, a little true, pretty much true, or very much true.***

At my school, there is a teacher or some other adult...

		Not at all true	A little true	Pretty much true	Very much true
127.	who really cares about me.	A	B	C	D
128.	who tells me when I do a good job.	A	B	C	D
129.	who notices when I’m not there.	A	B	C	D
130.	who always wants me to do my best.	A	B	C	D
131.	who listens to me when I have something to say.	A	B	C	D
132.	who believes that I will be a success.	A	B	C	D

At school, ...

		Not at all true	A little true	Pretty much true	Very much true
133.	I do interesting activities.	A	B	C	D
134.	I help decide things like class activities or rules.	A	B	C	D
135.	I do things that make a difference.	A	B	C	D

The next statements are about what might occur *outside your school or home*, such as in your **NEIGHBORHOOD, COMMUNITY, or with an **ADULT** other than your parents or guardian.**

Outside of my home and school, there is an adult...

		Not at all true	A little true	Pretty much true	Very much true
136.	who really cares about me.	A	B	C	D
137.	who tells me when I do a good job.	A	B	C	D
138.	who notices when I am upset about something.	A	B	C	D
139.	who believes that I will be a success.	A	B	C	D
140.	who always wants me to do my best.	A	B	C	D
141.	whom I trust.	A	B	C	D

Outside of my home and school, ...

		Not at all true	A little true	Pretty much true	Very much true
142.	I am part of clubs, sports teams, church/temple, or other group activities.	A	B	C	D
143.	I am involved in music, art, literature, sports or a hobby.	A	B	C	D
144.	I help other people.	A	B	C	D

145. Did you eat breakfast today?

- A) No
- B) Yes

146. How many questions in this survey did you answer honestly?

- A) All of them
- B) Most of them
- C) Only some of them
- D) Hardly any

147. Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

- A) More likely
- B) Less likely
- C) Would make no difference

Thank You For Completing This Survey!