



FACT SHEET



Office of Problem Gambling (OPG)

Overview

As a result of Assembly Bill (AB) 673, Chapter 210, Statutes of 2003 (Section 4369 of the Welfare and Institutions Code), the Department of Alcohol and Drug Programs (ADP) was authorized to establish the Office of Problem and Pathological Gambling, known as the Office of Problem Gambling (OPG). With an annual operating budget of \$3 million derived from the Indian Gaming Special Distribution Fund, OPG will provide problem gambling prevention services for communities, families, and individuals.

California now joins the ranks of states having made a commitment to address problem and pathological gambling. According to the National Council on Problem Gambling, 30 other states currently provide prevention and/or treatment services.

The Challenge

The California Problem Gambling Prevalence Study published in 2006 found there are between 746,500 and 1,203,400 California adults who experience significant problems related to gambling. An additional 2.2 to 2.7 million California adults are at-risk for developing gambling-related problems. Juveniles are even more likely to experience gambling problems as adults.

The California Research Bureau's May 2006 Report entitled "Gambling in the Golden State" estimated that problem and pathological gambling annually costs California society approximately \$1 billion (costs associated with crime, unpaid debts and bankruptcy, mental illness, substance abuse, unemployment, and public assistance).

Definition of Terms

The Welfare and Institutions Code defines "problem gambling" as participation in any form of gambling to the extent that it creates a negative consequence to the gambler, the gambler's family, place of employment, or community. This includes patterns of gambling and related behaviors that compromise, disrupt, or damage personal, familial, educational, financial, or vocational interests. "Pathological gambling disorder" is defined as a progressive mental disorder meeting the diagnostic criteria set forth in the *American Psychiatric Association's Diagnostic and Statistical Manual, Fourth Edition*.

Priorities of the Office of Problem Gambling

By direction of the State Legislature, the first priority of OPG will be to develop a statewide plan for addressing problem

gambling and to develop a problem gambling prevention program. The prevention program shall consist of the following activities and services:

- A toll-free telephone helpline for immediate crises management, with referrals to self-help groups and to health care professionals.
- Public awareness campaigns that focus on prevention and education among the general public, including dissemination of youth-oriented literature, school programs, and public service announcements in the media.
- Empirically-driven research programs focusing on epidemiology/prevalence, etiology/causation, and best practices in prevention and treatment.
- Training for health care professionals, educators, law enforcement personnel, and members of nonprofit organizations in identifying problem gambling behavior and in making referrals for assistance.
- Training for gambling-industry personnel in identifying customers who are at-risk for problem or pathological gambling and in making referrals for assistance.

In designing and developing the overall program, ADP will do the following:

- Develop a statewide plan to address problem and pathological gambling.
- Adopt any regulations necessary to administer the program.

- Develop priorities for funding services and criteria for distributing program funds.
- Monitor the expenditures of State funds by agencies and organizations receiving program funding.
- Evaluate the effectiveness of services provided through programs.

The enabling legislation recognizes that the need for problem and pathological gambling treatment services is an important priority. The legislation lays out a broad framework for developing programs to support treatment services. Implementation of these programs is subject to funding by the Legislature.

Funding Opportunities

Interested parties should periodically refer to the OPG portion of the ADP website for information on funding opportunities.

Toll-Free Helplines

If you think that you or someone you know may have a gambling problem, please access OPG's website at <http://www.problemgambling.ca.gov/> or call one of the toll-free helplines listed below:

1-800-GAMBLER
(Language translators available)

1-888-968-7888
(Mandarin and Cantonese languages;
San Francisco area only)

Questions and comments may be directed to OPG by email at OPG@adp.ca.gov.