

**INDICATED PREVENTION SERVICES within STUDENT ASSISTANCE PROGRAMS (SAP):
Riverside County Prevention Services: Strategic Prevention Plan in Action**

Every day in Riverside, California youth/families access prevention services using SAP to focus on their individual strengths, resources, and needs. Trained Prevention Specialists are part of the SAP teamwork. Using the on-going Strategic Planning Framework (SPF) process, the Riverside County Prevention Coordinator brings together stakeholders across the county to re-engineer the approach to prevention from separate programs to comprehensive, integrated prevention across systems. The key systems share use of the Institute of Medicine (IOM) three prevention populations (universal, selected, and indicated) to match the needs of individuals and communities with the right prevention service. Indicated prevention services within SAP are one of our shared service delivery designs.

CONNECT SYSTEMS TO ACHIEVE ACCESS TO PREVENTION

Systems	Increase Protective Factors and Decrease Risk Factors
ADP Prevention Services	Increase access to prevention for all three IOM prevention populations Increase use of problem identification and referral, one of the six CSAP Strategies Decrease individuals and communities risk factors associated with AOD use Decrease the need for referral to assessment for treatment
Schools	Increase in access to prevention for students at high risk, school wide safety, family support Increase in attendance, academics, graduation rates, college acceptance, career goals Decrease drop outs, AOD suspensions/expulsions, violence-related suspension/expulsion
Mental Health Services Act Prevention and Early Intervention (PEI)	Increase access to prevention services to vulnerable populations 0-25 Increase service delivery models that empower consumers, coordinate services with families and between systems Reduce suicide risk, stigma, disparities in access to mental health services
Law Enforcement	Decrease individual and community risk factors associated with drug use and crime

How SAP increases access, efficiency, effectiveness, and shares cost of indicated prevention:

- **System-level collaboration:** County ADP Prevention Services within the Department of Mental Health received a Safe Schools Healthy Students (SSHS) grant to establish collaboration between the Riverside Department of Mental Health, Law Enforcement, and County Office of Education and Desert Sands District developers/consultants. Over 100,000 students from eight districts and county schools had access to indicated prevention services; any interested or referred student and/or family received personal prevention. This is only one of many Riverside competitive grants that connected systems to support SAP.
- **Provider-level collaboration:** Cross-system teams of school staff, county ADP staff, and local community-based organizations bring AOD expertise into schools, links individuals with appropriate AOD and mental health referrals to assessment for treatment, and builds the capacity within the ADP Prevention Services to provide indicated prevention services.
- **Methodology collaboration:** Common interview/engagement process uses the evidence-based theories of motivational interviewing, stages of change, brief intervention and prevention research with resiliency and asset development. Protective factors are identified, the impact of their own or other's AOD use and violence, abuse of any kind, anger management, eating and sleep problems, and school failure are among the risks identified.
- **Funding collaboration:** In Riverside and other counties, districts are sustaining their SAP past competitive grant funding, new Riverside districts are requesting county training in SAP, Title I and other categorical district funding supports SAP, new MHSA Student Mental Health Initiative Guidelines use SAP design models for coordination of services.

- Participant/consumer collaboration: SAP empowers individuals to create personal prevention plans, link effectively to resources, and access education/support. This reduces the economic and social costs of AOD abuse communitywide.
- Statewide collaboration: Governor's Prevention Advisory Council supports SAP to reduce underage drinking, first statewide SAP Conference.